



**Ralph Butterfield Primary School**

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Headteacher: Miss L Banbury BA (Hons) QTS

Thursday 24<sup>th</sup> September 2025

### **NSPCC's Speak out. Stay safe. Programme**

Dear Parent/Carer

I am pleased to share with you that this term we will be participating in the **NSPCC's Speak out. Stay safe. Programme**. This consists of an online assembly and supporting classroom based activities. *Speak out. Stay safe.* is a safeguarding programme available to all primary schools in the UK and Channel Islands. It aims to help children understand abuse in all its forms and to recognise the signs of abuse in a child friendly way. Children are taught to speak out if they are worried, either to a trusted adult or to Childline.

In the online assembly, the *Speak out. Stay safe.* messages are delivered in a fun and interactive way, with the help of their mascot Buddy, as well as special guest appearances from Ant and Dec.

We have studied the content of the materials and are extremely confident that they are appropriate for primary-school-aged children. By the end of the programme, alongside ongoing work in school that educates children on how to stay safe, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

*Parents/carers please speak to your child's class teacher if your child may have experienced anything (in the past or happening now) which may mean they need extra support before, during or after taking part in this programme.*

#### **Additional NSPCC resources for families to help keep children safe**

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe: [www.nspcc.org.uk/parents](http://www.nspcc.org.uk/parents). There are also some activities to extend learning at home enabling further discussion with your children. These are hosted on the NSPCC website:

[www.nspcc.org.uk/activities](http://www.nspcc.org.uk/activities).

#### **Online Safety Hub**

For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more: [www.nspcc.org.uk/onlinesafety](http://www.nspcc.org.uk/onlinesafety).

#### **Childline Under 12's Website**

Childline also have a website with age-appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. Your child can visit it at [www.childline.org.uk/buddy](http://www.childline.org.uk/buddy) (5-7) or [www.childline.org.uk/kids](http://www.childline.org.uk/kids) (7-11).

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website [www.nspcc.org.uk/parents](http://www.nspcc.org.uk/parents).

#### **Talking PANTS with your children**

'Talk PANTS' is a simple conversation to help keep your child safe from sexual abuse. From P through to S, each letter of PANTS provides a simple but valuable rule that can help keep your child safe. You can find out more and download the free resources at [www.nspcc.org.uk/pants](http://www.nspcc.org.uk/pants).

If you would like to know more about the *Speak out. Stay safe.* Programme, you can find information on the NSPCC website [www.nspcc.org.uk/speakout](http://www.nspcc.org.uk/speakout) or I would be happy to discuss with you, any questions that you may have.

Yours sincerely,

Mrs Helen Stephenson  
Deputy Headteacher