

# School Newsletter



2024/25 No: 7

Friday 25<sup>th</sup> October 2024

201904 768325 (option 3)

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The following NHS page helps parents/carers by providing guidance on common childhood illnesses: click here

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# Acting Headteacher's Message

It has been such a positive half term. I hope that you have enjoyed seeing all of the wonderful experiences that the children have already had in the last 8 weeks. Every opportunity is taken to make learning engaging and memorable for the children: a visit to Harlow Carr, visitors to school (e.g. dance workshops, musicians), engaging in learning linked to national and world days/months (e.g. world mental health day, black history month) and ensuring the children continue to learn how to keep safe (e.g. online safety, NSPCC 'speak out, stay safe programme). Across the school, children have also enjoyed music and PE lessons taught by specialist teachers. Parents/carers have been able to enjoy phase events too, such as the lower junior netball tournament and stay and play sessions in Reception; we look forward to providing more of these events for you next half term.

Please remember to check the school website calendar which has all the events planned, so far, for next half term including the start of class assemblies.



As this first half term of the year draws to a close however, I would personally like to take the opportunity to thank all of our parents/carers for your support and kind messages to myself, in my interim role, and to all staff across the school. In engaging so positively with the school, be that to share news for celebration, to discuss concerns, to ask questions, to request support, to meet teachers at parent/carer evenings, in working together we can achieve so much more for our children.

I hope that you can enjoy some quality family time together over the half term break and we look forward to seeing the children back in school on Monday 4<sup>th</sup> November.

Best wishes

Helen Stephenson

# **Remembrance Day**

In respect of the national observance of Remembrance Day, on Monday 11<sup>th</sup> November, all children will be given a poppy in school between Monday 4<sup>th</sup> and Wednesday 6<sup>th</sup> November. During the week, children will also be completing a range of age related educational activities designed to inform them of the importance of this day. If you would like to make a donation to The Poppy Appeal, run by The Royal British Legion, you are welcome to do so on ParentPay between Monday 4<sup>th</sup> and Friday 8<sup>th</sup> November. Thank you for your support.

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# ODD SOCKS DAY

Tuesday 12th November

We'll share another reminder after half term 🕲

# The **ZONES** of Regulation

# How can you help your child use the Zones of Regulation at home?

- ⇒ Identify your own feelings using Zones language in front of your child, e.g. "I'm feeling frustrated. I think I am in the Yellow Zone."
- ⇒ Model using tools move between the zones, e.g. "I'm starting to feel a bit annoyed and in the Yellow Zone. I need to take a break and do a grounding activity to help get me to the Green Zone."
- ⇒ At times, wonder which Zone your child is in, or discuss which Zone a character in a film / book might be in, e.g. "I've noticed that you keep yawning and I wonder if you're in the Blue Zone."
- ⇒ Teach your child which tools they can use, e.g. "It's time for bed. Let's read a book together in the comfy chair to get you in the Blue Zone."
- ⇒ Regular check-ins: "How are you feeling now?" and "What do you think is the best Zone to be in now?"
- ⇒ Praise and encourage your child when they share which Zone they are in and when they use a tool or strategy.
- ⇒ Create a sensory box full of things which will help your child to regulate, e.g. cards with breathing or movement break ideas, fiddle toys, colouring, puzzles, books, play doh, squeezy balls, etc.
- ⇒ Don't try to engage your child in discussion around Zones when they are in the Red Zone. It won't work and will probably make things worse. When your child is dysregulated, empathise with them and validate what they are feeling. An emotion coaching approach can be helpful:
- 1) **Label the feeling**, e.g. I can see you're feeling angry because this has happened.
- 2) **Empathise**, e.g. I would feel angry too if that happened to me.
- 3) Validate, e.g. It's OK to feel angry; everybody feels angry sometimes.
- 4) Set limits, e.g. It's OK to feel angry; it's not OK to hurt someone or shout at them.
- 5) When calm, reflect and problem solve, e.g. Next time you start to feel angry, what could you do differently?
- ⇒ Do not deal with an angry, upset child when you are not calm yourself. It is best to discuss the different Zones, and practise the tools and strategies, when you are both regulated and calm.

We hope that you have found this overview of the Zones of Regulation useful. Please ask if you would like any further information, support, or some Zones visuals to use at home!

# Extraordinary General Meeting (EGM)

We are pleased to say that we have had some volunteers come forward to take on roles on our PTA Committee. To ensure they are voted in correctly, we are organising an EGM on **Friday 15<sup>th</sup> November**, at **3.10pm**. The EGM will take place at School.

#### **School Choir - Dates for the Diary** Our first two choir rehearsals have gone really well and the sound the children are making when they sing is just beautiful.

I have two dates for the diary:

We will be performing to all parents on Wednesday 18<sup>th</sup> December at 8.00am. More information to follow.

The children have been invited to perform at the Haxby tree lighting ceremony on Thursday 28<sup>th</sup> November and if they can come, the children will be needed between 6pm and 7pm. More information to follow!

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# Children in Need

Children in Need is a charity which supports disadvantaged children and young people all over the UK and on Friday 15<sup>th</sup> November we'd like to join the nation in raising money for this very popular charity. Children are invited to come to school wearing their own clothes on this day, in exchange for a

donation to the charity (please ensure clothes are suitable for a day at school). Your child could wear spots or yellow clothes like Pudsey or a Children in Need accessory.

During the week 11<sup>th</sup> – 15<sup>th</sup> November, if you would like to and are able to make a donation, please do so via Parent Pay. We will then notify you in due course, of how much money has been raised for this very worthy cause.

Thank you





Miss Griffiths - Music Subject Leader





# Early Years Foundation Stage (EYFS)



This week has been autumn week in Reception. The children have completed a range of autumn themed activities including making a playdough hedgehog, autumn hedgehog printing, going on an autumn walk around our school environment, threading beads to make an autumn tree and retelling autumn stories with characters. This has led to the use of many autumn words (leaf, seasons, change) which the children are beginning to use in their discussions and play.

Our visit to **Harlow Carr** on Wednesday was fantastic. The children thoroughly enjoyed everything from the coach journey to the brilliant workshop led by the RHS staff. We looked for signs of autumn by investigating leaves, seeds and colours in the gardens. The children also had great fun pretending to be different shaped leaves! There was also an opportunity to look at the amazing gardens and spot signs of autumn as we walked around. We all had a fantastic day and the adults, who supported us, commented that the children had been an absolute credit to the school. We are very proud of them all.

#### **Black History Month**

This week, the children have enjoyed exploring Black History through stories. Our focus story 'Look Up' by Nathan Bryon is a wonderful story all about career aspirations and space travel featuring the science-mad main character, Rocket, she's going to be the greatest astronaut, star-catcher, space-traveller that has ever lived!

LOOK UPI



On Monday, the children enjoyed taking part in a dance workshop. They listened carefully and practised the moves and really enjoyed putting this to music in a short routine.

We are amazed at how well all of the children have settled into their first term at school and very proud of the progress they are making in many areas of the curriculum already.

#### Reminders

- Please ensure all library forms are returned as soon as possible please so Haxby Explore can set up any accounts needed.
- Reading books should be returned on Mondays each week.
- After half-term, both Class 1 and 2 will need their PE kits on Fridays.

We hope you all have a well-deserved half-term break and look forward to seeing you after the holidays.

Thank you for your continued support.

Mrs Roinson, Mrs Greenwood and the Reception staff team



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# Key Stage 1 (Years 1 & 2)

It feels like a long time ago that we started the year's learning journey but we have made it to our first half term break. Well done to ALL the children for their amazing effort over the last 8 weeks. It has been joyful to see their positivity and commitment and we have all seen a huge amount of progress already this year!



In English this week, we have been continuing with our work on Handa's Surprise, re-inventing the story for ourselves. We took the same story start as the original, with Handa visiting her friend in a neighbouring African village. But along the way, our characters met some new (but equally mischievous and hungry) creatures. The animals and fruits were all ones that could be found locally in Africa and some of us even invented our own endings for the story. It was wonderful to see the variety of imagination on display in our writing.

Our RE work has centred around Islam this half term. We have learned about the Prophet Muhamad and enjoyed some stories from the Qur'an. This week, we learned about how Muslims worship in a mosque. It was so interesting to learn about how people prepare for prayer by cleaning themselves and removing their shoes as a sign of respect. We were fascinated that all



Muslims throughout the world face towards Mecca when they pray. We learned about the features of the mosque and the artefacts that we would find there.



In science, we have been investigating the world around us and looking for seasonal changes. A lot has changed in the 8 weeks we have been back at school so it was very interesting to learn about how the weather, trees and wildlife alter as we move into autumn and how people change their clothes and activities too. In particular, we looked at the changes in deciduous trees as they change colour and shed their leaves for the winter. When the seasons change again, we will repeat this investigation and track the changes throughout the year.

Congratulations Key Stage 1 for completing your first half term! We are all so proud of you and we cannot wait to see the amazing heights you will soar to when you continue your learning journey after the half term break.

Mrs Atkinson, Miss Griffiths, Mr Merrall and Miss Tattersley





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# Lower Key Stage 2 (Years 3 & 4)



### Lower Key Stage 2 Inter-house Netball

After an exciting half-term of Netball coaching with our P.E. specialist, Mr Stephenson, on the afternoon of Friday 18<sup>th</sup> October all the children in Year 3 and Year 4 were given the opportunity to showcase their skills in our inter-house netball tournament. Each of

the four houses in each class (Minster, Clifford, Jorvik and Ebor), were split into three teams and played each other in exciting seven minute matches. The two highest scoring teams went through to the knockout stages. After some more closely contested, nail biting matches, it was Ebor 1 (Class 7) and Jorvik 3 (Class 8) who progressed to the final. Both teams played really well but it was Jorvik 3 who came out the eventual winners as the umpire's final whistle blew!



Congratulations to both our finalists and a special well done to our well-deserved winners - Jorvik 3 Class 8! Despite the blustery conditions, all the children really impressed us all with their fantastic team work skills and the sportsmanship they displayed towards each other. It was lovely to see our finalists being supported and cheered on excitedly by their peers. All the staff were incredibly proud of every single one of you - well done!

The Lower Key Stage 2 staff and children would like to take this opportunity to say a special thank you to Mrs Kennedy and Ruby (a Haxby Harriers 1<sup>st</sup> team player) who gave up their valuable time to umpire our matches and offer words of support and encouragement to all our children. It is very much appreciated and we really could not have done it without you!



We would also like to extend our thanks to all the parents and carers who were able to attend this sporting spectacular and very much hope you enjoyed it as much as the children and staff did.



In science, the children created a 2-page spread to share their knowledge and the information they have learnt throughout our States of Matter unit. They recalled information brilliantly and showed that they have a fantastic understanding of solids, liquids and gases, the water cycle, evaporation and condensation as well as how states of matter can change depending on temperature.



Well done Year 3 and 4, a brilliant first half-term!

We hope you all have a spook-tacular, well deserved half-term holiday with your families and we look forward to seeing you back in school on Monday 4<sup>th</sup> November.

Happy holidays,

Mr Daniel, Miss Hodgson, and Miss Clapham

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# Upper Key Stage 2 (Years 5 & 6)

Building on our work in English this week, we have written a descriptive paragraph about a Viking warrior. We began by creating a vocabulary bank utilising a thesaurus and our class novel, 'The One Thousand Year Old Boy'. We then completed a slow write which included a variety of sentence structures that enhanced the paragraph's quality. Using what we had learnt, we then wrote our own paragraph. We considered the order in which content should be written: the variety of sentence structures; high quality vocabulary and the effective use of punctuation such as commas, parenthesis and semi colons.

> In history, we have been learning about the English kings who ruled after Alfred the Great (871 AD) up until Cnut the Great (1016 AD). These kings played crucial roles in shaping early medieval England. For instance, King Edward the Elder, Alfred's son, continued his father's work in uniting the Anglo-Saxon kingdoms. King Edgar the Peaceful is also notable for his strong leadership and the stability he brought to the kingdom. Understanding the achievements and challenges faced by these kings helps us appreciate the complex history of England during this period. This knowledge not only enhances our understanding

of the past but also improves our skills in analysing historical events and their impacts.

In our RE lessons, we have been learning about the importance of peace to both Humanists and Christians. For many Humanists, peace is essential because it allows people to live harmoniously and work together to solve problems without conflict. They believe that through reason and empathy, we can create a better world for everyone. Many Christians view peace as a fundamental teaching of Jesus Christ, who emphasised love, forgiveness, and reconciliation. Christians strive to follow these teachings by promoting peace in their communities and beyond. Understanding these perspectives helps us appreciate the shared values of different belief systems and the universal desire for a peaceful world.

# Year 6 - Robinwood

A letter was sent out to all Parent/Carers on Wednesday 23<sup>rd</sup> October with reminders about what can and cannot be brought on the trip. If your child is ill over the weekend prior to Robinwood, please complete either the online absence form or email the school directly. These will be monitored over the weekend.

# Date for your diary!

Monday 11th November we will be holding an art gallery event in our classrooms immediately after school. Please come along to see your child's amazing art work based on the work of Peter Podmore.

Please contact us or speak to us directly if you have any news, questions or concerns.

Mr Bennett, Mr Carpenter, Mrs Fitzpatrick and Mr Tod

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