

Headteacher's Message

Hello

This week I would like to share some information about a couple of Christmas events that you may be able to add to your diary.

Our 'mince pie and mingle' drop-in is an informal opportunity to pop into the hall to enjoy a festive chat with school staff and other parents/carers. Think 'after school coffee morning!' If you would like to join us for this, please collect your child/ren from the playground first and then enter school via the main entrance before heading into our hall. Many thanks in advance to our wonderful PTA for agreeing to support us with providing refreshments.

I am also delighted to share that we have, just this week, been able to confirm two dates with Rev Kathryn Jackson, Rector of Haxby and Wigginton. Our children will be able to enjoy a walk to St Mary's Church in the village, where they will share Christmas songs and reflections in the last week of this term; parents/carers are very welcome to come along and join us at the church also. We have really missed these opportunities to celebrate Christmas in St Mary's Church, as our last visit as a whole school was in December 2019; we are all really looking forward to our return to this.

Date	Event
Tuesday 13 th December	Mince Pie and Mingle - Parent/Carer drop in 3:20/25pm – 4:15pm
Wednesday 14 th December	Reception & Years 1 & 2 Christmas Celebration at St Mary's Church 1:30 pm – approx. 2:30 pm
Thursday 15 th December	Years 3, 4, 5 & 6 Christmas Celebration at St Mary's Church 9:30 am – approx. 10:30 am

In our newsletter next week, we will share a full itinerary all of our upcoming Christmas festivities.

I would like to remind parents/carers of class 11 that if you are able to join us, your children will be sharing a class assembly at 2:45 pm in the school hall next Friday 25th November. Gates will be unlocked from 2:35 pm. Please enter school via the main entrance.

Part 3 of our parent/carer guide to the 'Zones of Regulation' can be read at the end of this newsletter. We hope you have found this guide useful across the last 3 weeks in understanding more about our whole school approach to supporting children with their emotions and how these strategies can also be used at home.

Just a reminder today too that you are welcome and encouraged to press option 3 when telephoning school in order to speak to an office staff member, despite what the message says. The message is really old and our system is not making it easy for us to change it but we are working on it. Thank you.

Liz Clark

Not going to school every day can make it more likely for your child to get involved in crime or antisocial behaviour.

This Week's Attendance



Early Years Foundation Stage (EYFS)

This week, we have continued to explore our theme, 'Let's celebrate'. Our main theme has been 'Children in Need' and we have learnt about how the charity helps lots of children. We have also enjoyed seeing Pudsey Bear in many of our areas of provision. These have included, Pudsey colour exploring with the light boxes, Pudsey number and counting matching in the maths area and Pudsey threading in the fine motor area.



To continue our development of fine motor skills, also assisting with writing skills, the children have practised their cutting skills to make Pudsey masks and headbands ready for our exciting day on Friday. Any practise with cutting that the children can continue to do at home would also be welcomed, thank you.

In **phonics**, we enjoy hearing the question, "are we learning a new phoneme today?" Their continued enthusiasm for learning early reading skills is fantastic! This week, the teaching focus has been the phonemes **z, zz, qu and ch**. We have also learnt how to add **s** to the end of a word to change it from singular to plural, for example **cat-cats, hat-hats**.

In **Maths**, this week, the children have consolidated adding 1 more or taking away 1 less from a number within 5. They have used counting frames to support them with this and lots of counting rhymes and songs. We have also learnt about **time**, focussing on night and day and sequencing events throughout the day in chronological order.



This week, you should have received a letter regarding our nativity roles and detailing costume suggestions. Please do speak to us if you would like any help with finding a costume.



Thank you for your continued support.

Mrs Robinson, Mrs Daniel, Mrs Greenwood and the Reception team.



Key Stage 1 (Years 1 & 2)



This week has been Anti-Bullying week; it was great start to our Monday morning, by wearing odd socks to show that we are all different and unique. We linked the theme of Anti-Bullying to our English information writing about rules and behaviour. The children have written some fantastic facts about why we have rules, who makes the rules and how we should be respectful and behave in school, clubs and our communities.

Our focus in science is animals including humans, we have looked at lifecycles of different animals, growing and keeping ourselves healthy by doing exercise as well as having a balanced diet. We have explored how we need a combination of different food types in order to stay healthy.



In PE we had great fun, exploring the new apparatus to create our gymnastics routines, focusing specifically on balances using different parts of our bodies.

Please do come and see us if you have any queries or questions.

Mrs J Atkinson, Mrs Reeves and Mr Merrall.

Lower Key Stage 2 (Years 3 & 4)



Anti-bullying week started off on Monday with the children and adults wearing odd socks. The children then designed their own odd socks to show how each of us are unique and creative in our own way.

This year's anti-bullying theme 'Reach Out' was discussed by each class and the children thought carefully about what they would do if they witnessed someone being bullied or if they themselves were being bullied. Children shared who they would feel most comfortable talking with if they were concerned about bullying.



The children started their round house design technology / history project this week. We reminded ourselves what houses were like during prehistoric times once people had begun to settle in one place and then designed our own house. Great thought went into how the houses should look and the materials used to ensure that the houses would be a true representation of the time period. Afterwards, the children planned and drew the sequence of actions to produce their houses. The plans for the houses are looking fantastic, we can't wait to construct them next week and see what the final product will look like.

During our REAL PE sessions this term, the children are focusing on the social cog whilst developing their dynamic and static balance through a variety of jumping and landing activities and games. They have been developing their partner skills, teamwork and cooperation skills by listening to others feedback and sharing feedback on their peers performances, showing support and helping each other whilst giving praise and encouragement. It has been wonderful to see the amazing teamwork and cooperation during these sessions.



Well done Year 3 and 4!

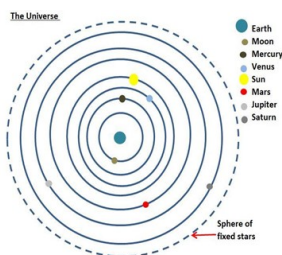
Please do come and speak to us if you have any questions, queries or would like to share any news with us.

We hope that you have a relaxing and wonderful weekend.

Mr Daniel, Miss Hodgson and Miss Clapham .



Upper Key Stage 2 (Years 5 & 6)



As part of our Science this week, we have been learning about the orbit of planets around the sun. The children investigated the views of a variety of famous scientists throughout the ages and discovered that, through their observations, some scientists originally concluded that the Earth was the center of the universe and constructed the 'geocentric model'. With time, and better technology, scientists soon realised that the sun was the centre of the solar system and began to collate evidence to support this theory.

In maths, we continued our study of multiplication. We worked through the short and long multiplication methods and developed our understanding of working with larger numbers. Also, we have been looking at a variety of word problems which have allowed the children to apply their understanding in different contexts.



As part of our English lessons, we have been writing diaries. In order to ensure that we can write in a diary style, we have looked at a variety of examples and discussed the features of a diary. We then collated notes about our Robinwood visit, or our experience of a fair and firework display, and wrote our own diary entries.

Please do not hesitate to contact us or speak to us directly if you have any questions or concerns.

Mr Bennett, Mrs Stephenson and Mr Tod.

Please come along!



York Concert Band will be performing their Christmas Concert in our School Hall on **Friday 2nd December from 7.30-9.30pm**. They approached us after their original venue let them down and have said all the ticket sales will go to our School. This is an amazing opportunity to hear some wonderful Christmas songs and even a carol or two!

York Concert band are a thriving 50-piece band with brass, woodwind and percussion sections, so it will be quite a show! Please tell your family and friends, get your tickets and get in the festive mood!

A letter has been sent home this week, inviting you to buy tickets for this event. We will also publicise it to the wider Haxby community so please get your tickets quickly. Tickets are £6.00 for adults and £3.50 for children. Payment details are in the letter or you can email us at ralphbutterfield.pta@gmail.com

Please return your form to school by **Wednesday 23rd November**

Christmas Eve Treat Bags

Order Forms for Christmas Eve Treat Bags have come out

The Treat Bags will be **£5** and include:

- Hot chocolate and marshmallows
- Reindeer food (bird safe)
- A candy cane
- Elf kisses
- A decoration to paint
- Marshmallow snowman to build
- Plus one or two other little Christmas activities



They are perfect little gift for Christmas Eve for your own children or friends. All profits go to the school and we know the children love them! Please order by **Friday 2nd December 2022**

There are also details on the Order Form, regarding payment, for those who receive free school meals through the pupil premium scheme.

The BIG Christmas Prize Draw



Thank you to everyone that has bought tickets so far!!

It will be drawn on Friday 9th December at 4.30pm and tickets are **£1 a ticket**

We have food and chocolate hampers, £50 Amazon voucher, Boden vouchers, Bettys hamper, Beauty and hair treatments, lots of family days out and of course our star prize a Nintendo Switch Lite. There are over 25 prizes to be won!

Here is the Prize Draw [link](#)!



Turn over for details about our Christmas Film Night!

CHRISTMAS FILM NIGHT on THURSDAY 1st December

A letter will come out next week

Year 1-3: 4.30pm – 5.45pm

showing 'Shrek the Halls' and 'Ice Age Mammoth Christmas'

with hot dogs, crisps/popcorn and squash will served with a break in between.



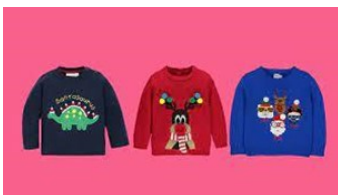
Year 4-6: 6.00pm – 7.45pm

showing Home Alone

Again, hot dogs, crisps/popcorn and squash will served.

There will be vegetarian hot dogs available. Christmas onesies, PJs, jumpers and a cushion/rug to sit on are encouraged but not essential (please label with names!)

Christmas Jumpers



A few weeks ago, the PTA promoted that we would be collecting old but good quality Christmas Jumpers that may be too small or not need anymore, in order to set up an event where parents/carers could come and rehome them, ready to wear again at school in Christmas week. Christmas is an expensive time of year and we thought rehoming old Christmas Jumpers might be helpful when they don't get a lot of wear.



We haven't received many, so we are having one last call out to see if you do have any jumpers that you would like to donate, if so, please bring them in to school. Thank you

If we don't get any more, we may decide to postpone the event until next year. Thank you

Messy Church in Haxby & Wigginton

Messy Church is a fresh new way of experiencing church. It's for all ages, it's fun and it's family friendly. It's creating, worshipping and sharing a meal together. There are Messy Churches all over the world. You can find out more from the website www.messychurch.org.uk

Our Messy Church was established in 2018 and we have around 30 families registered.

When: Sundays, around 6 times a year Time: 3.00 pm - 5.00 pm

Where: St Nicholas Church, Back Lane, Wigginton

Cost: Messy Church is absolutely free, but a donation is always welcome

Booking: We do operate a booking system and families must be registered with us to meet safeguarding requirements. Contact one of the people below to join our mailing list.

Questions? Ask Nicola 01904 763405 Pam 01904 760896 Or email messychurchhw@gmail.com

Messy Church is built around a theme - usually a Bible story. Everyone gets to **enjoy** making a craft, playing a game, learning about the God who loves us and enjoying a meal together.

Messy Church is for the whole family - children must be accompanied by an adult.



The ZONES of Regulation®

How can you help your child use the Zones of Regulation at home?

- ⇒ Identify your own feelings using Zones language in front of your child, e.g. “I’m feeling frustrated. I think I am in the Yellow Zone.”
- ⇒ Model using tools move between the zones, e.g. “I’m starting to feel a bit annoyed and in the Yellow Zone. I need to take a break and do a grounding activity to help get me to the Green Zone.”
- ⇒ At times, wonder which Zone your child is in, or discuss which Zone a character in a film / book might be in, e.g. “I’ve noticed that you keep yawning and I wonder if you’re in the Blue Zone.”
- ⇒ Teach your child which tools they can use, e.g. “It’s time for bed. Let’s read a book together in the comfy chair to get you in the Blue Zone.”
- ⇒ Regular check-ins: “How are you feeling now?” and “What do you think is the best Zone to be in now?”
- ⇒ Praise and encourage your child when they share which Zone they are in and when they use a tool or strategy.
- ⇒ Create a sensory box full of things which will help your child to regulate, e.g. cards with breathing or movement break ideas, fiddle toys, colouring, puzzles, books, play doh, squeeze balls, etc.
- ⇒ Don’t try to engage your child in discussion around Zones when they are in the Red Zone. It won’t work and will probably make things worse. When your child is dysregulated, empathise with them and validate what they are feeling. An emotion coaching approach can be helpful:
 - 1) **Label the feeling**, e.g. I can see you’re feeling angry because this has happened.
 - 2) **Empathise**, e.g. I would feel angry too if that happened to me.
 - 3) **Validate**, e.g. It’s OK to feel angry; everybody feels angry sometimes.
 - 4) **Set limits**, e.g. It’s OK to feel angry; it’s not OK to hurt someone or shout at them.
 - 5) **When calm, reflect and problem solve**, e.g. Next time you start to feel angry, what could you do differently?
- ⇒ Do not deal with an angry, upset child when you are not calm yourself. It is best to discuss the different Zones, and practise the tools and strategies, when you are both regulated and calm.

I hope that you have found this overview of the Zones of Regulation useful. Please ask if you would like any further information, support, or some Zones visuals to use at home!

Christmas Collection Drop off day



Thursday December 1st 8am-6pm
Haxby and Wigginton Methodist Church



ITEMS NEEDED:

Salvation Army: Toys and gifts for children (especially aged 8 and over) and their parents.

Haxby Food Share need items for hampers:

Christmas Crackers, Christmas sweets/chocolate, crisps, nuts, cheese and cheese biscuits, yorkshire pudding mix, mince pies, Christmas pudding, custard, cranberry jelly, tinned veg, fresh orange juice. Or cash donations to buy fresh items.



Adoption Support monthly
drop-in service



One
Adoption
Agency
NORTH & HUMBER

- Do you want to understand more about adoption support?
- Have you wondered how adoption support services could help your family?
- Are you newly approved by York to adopt and want to know more about the community?

Speak to a One Adoption Social Worker about our services and a Peer Mentor from Adoption UK about peer-led services and the adoption community in York.

A focus on myth busting, services available, the role of the Adoption Support Fund, signposting, building local links and the Adoption Support Assessment role.

Where: West Offices (Station Rise, York, YO1 6GA)
When: Last Thursday of every month from 11am-1pm



First session 24th November

All York adopters welcome!

